

# ARIEL Connections Newsletter

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## From the desk of the Chief Executive Officer

Welcome to the October ARIEL Connections Newsletter. This month's tips will address some basic needs to HELP parents. It is my goal to share something that may be of value to parent as they continue being the best they can be.

We are always open to suggestions. Help us as we blaze the trail back to the village.

Sincerely,

***Brenda A. Jenkin, Parent Advocate, Business Consultant, Inspirational Speaker and Author***



## Parent Problem Solvers

### Listen and Learn before you Act!

How do we solve problems? First we have to gather all the information we can about the problem. To understand our child's challenges, we need to see the challenge/problems from their point of view. This requires good listening skills on our part. We listen with all our senses. What is the child saying or doing? What are those around your child saying (Teachers, friends, family members)? Try to take in as much information as you can before you act. Remember children are watching. Let your actions teach. As Parents get information they may learn more about their child. Caution: everything you hear may not be good - you may need to manage your emotions. Remember the purpose/goal is to solve the problem. Children can learn problem solving skills from their parents. Your actions are to resolve the problem. As you listen, you learn. To make wise decisions it is better to gather, analyze, and then act with purpose.



The vision of **ARIEL Connections** is continuous improvement of relationships, individually and collectively within organizations that embrace the Value of People.

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## Parent Groups 7 tips to HE LP Parents

- 1. Listen to the Parents to discover what their challenges may be.** As we learn so do our children. Use process from article on Parent Problem Solvers Listen and Learn before you A C T !
- 2. Provide ways to reduce their food bill.**  
Memberships in local wholesalers like Sam's club. Use Angel Food Ministry. Parents receive \$60 worth of food for \$25 monthly. Go to [www.angelfoodministries.com](http://www.angelfoodministries.com) for more information and location of sites near you. This is a nation wide program. If your organization decides to join please tell them Brenda Jenkins of New Hope Church is Southfield Michigan referred you.
- 3. Provide workshops or referrals to workshops that teach how money works.** Many financial organizations provide these workshops free of charge. Many provide refreshments. The key is teaching household budgets, mortgages, etc... AARP also provide these services. Don't forget the over 50 group.
- 4. Provide a weekly Parent support group.** Parents are our children first teacher, support the parent. Circle of Parents (National group) has an excellence program model to use. To locate group near you or start a group in your area Go to [www.circleofparents.com](http://www.circleofparents.com) .
- 5. Collaborate with other like organizations that provide services for parents.** With time being premium use it wisely. Check in your local community for organizations providing parenting services (Churches, PT A , Parent Networks, YMCA , Great Start Programs, etc.). The goal is HE LPING Parents. *Share, Share, Share!*
- 6. Provide Parent magazines, literature, and web sites.** Ask your parent what method of communication they prefer. Provide them with parent materials in that media.
- 7. Provide Parent workshops on Health and Safety.** Solicit help from your neighborhood hospitals and police station for information and/or bring them in to do presentation.



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# New Release 2nd Edition

## He is Not Left Behind... He is with Me!



ISBN-13 978-1-933972-06-0

ISBN-10 1-933972-06-8

Who is HE ? Your child.

Left Behind from where? Society, living a productive, healthy, life as a citizen of the United States.

This small book deals with being a Lighthouse for your child, being Healthy yourself, having healthy family relationships and being a powerful communicator.

It also includes some "How to" exercises and suggestions to HE LP Parents.

As parents grow, so do the children. Parents are the first teachers for their children.

What others are saying about this book.

"Where do you learn how to parent in America? This is an excellent book for parents who want to be informed and empowered."

Dr. Jawanza Kunjufu

Author of Developing Positive Image and

Discipline in Black Children

"This is recommended reading for all parents and educators."

Nora Martin Ph.D.

Professor, Emeritus

Eastern Michigan University



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# A NOTHER GOOD PARENTING BOOK FOR SINGLE MOMS

I am excited to tell you about a soon to be released book entitled "*Life As A Single Mom: It Isn't Easy or Is It?*" I am one of the 50 women who are contributing writers to this book, scheduled to be released this month.

The book is about empowering single moms and offers advice on raising healthy, productive kids. To learn more about the book as well as the organization behind the project, My Daughter's Keeper, visit the web sites:

<http://projectsinglemoms.com/> and <http://www.mydaughterskeeper.org/>

You can also pre-order the book at the website.

## KUDOS to Project Single Mom's on their youtube commercial "I Did My Share"

<http://www.youtube.com/watch?v=xBLdhwv8TS4>

Jenkins upcoming speaking/Book signing engagements



Check web site for up to date engagements or to book Ms. Jenkins for your upcoming speaking engagement.



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"Help the Mom, you help their child. Help the Father you help the family. Help the Family, you help the community. One Mom, one Father, one Family, one Community at a time."

*Brenda A. Jenkins*

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